

## MINUTEMAN RIFLE COURSE



The Minuteman Rifle Course lays a foundation of manipulation and marksmanship skills for owners of military style rifles. Topics covered include rifle and equipment selection, ballistics, shooting positions and practical firing exercises.

**\$250**

## JOHN R. MURPHY



I've been training students, formally and informally, for over ten years. This has become my passion and life's work.

I have been fortunate enough to train under some of the most respected firearms instructors in the country, as well as numerous others who are less prominent. I have distilled the best these instructors have to offer into my courses.

## SKILL BUILDING SEMINARS



The emphasis of the one-day Skill Building Seminars will be to reinforce existing skill sets with realistic live fire or airsoft exercises in both static and scenario environments. Visit [FPFTraining.com](http://FPFTraining.com) for the latest SBS topic and schedule of events.

**\$125**

## CONTACT



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# CONTEXT BASED FIREARMS TRAINING

(703) 609 6350 • [www.FPFTraining.com](http://www.FPFTraining.com)

## PHILOSOPHY

- Shooting accurately is a relatively easy-to-acquire mechanical skill.
- Shooting is only a subset skill of self-defense.
- Shooting skills must be acquired and rehearsed within the context of the realities of armed self defense.

## HANDGUN 101



This one-day introductory course is intended for the novice. Emphasizing safety, students will become familiar with the nomenclature, function and maintenance of modern pistols and revolvers. Students will fire 100 rounds of ammunition (not supplied). This course does satisfy the Virginia requirement for a concealed pistol permit. More details at [FPFTraining.com](http://FPFTraining.com).

**\$125**

## DEFENSIVE HANDGUN SKILLS I



DHS-1 is designed to provide the student with an understanding of defensive shooting realities. Emphasis is placed on situational awareness, verbalization, weapon presentation from concealment, practical shooting skills, movement, legal considerations and post-incident actions. The student will be equipped with a comprehensive suite of self-defense skills. This course does satisfy the Virginia requirement for a concealed carry permit. More details at [FPFTraining.com](http://FPFTraining.com).

**\$250**



## DEFENSIVE HANDGUN SKILLS II



DHS-2 reinforces DHS-1 skill sets while adding dynamic movement, multiple targets, moving targets, long range targets, strong/weak hand only shooting, use of cover, horizontal/oblique movement techniques, flashlight techniques and close quarter weapon access. This is an advanced course and satisfies the Virginia requirement for a concealed handgun permit. More details at [FPFTraining.com](http://FPFTraining.com).

**\$250**

